

How to Unlock Your Soul Purpose Ultimate Guide

Brought to You by Michael at New Earth Knowledge™

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In this ultimate chapter guide, you'll go on a journey within as you uncover methods, tools, and tips to unveil your soul purpose.

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About the Author



My name is Michael Becker and I am the Founder of Abundance Accelerators.

I'm an internationally recognized content creator, coach, author, and thought leader in personal development, spiritual awakening, and internet marketing.

In 2014, I began a career in the SaaS industry. In 2019, off the heels of a life-altering spiritual awakening, I created New Earth Knowledge™ – a consciousness expansion platform which has grown to 60k followers.

As a coach, I have helped 40+ clients from all corners of the globe create disruptive personal brands and achieve lifestyle freedom.

Introduction

Awakening to Your Greatest Self

I've talked to probably twenty people in the past few months who have all told me some version of the exact same thing:

"I know I'm here to change the world, but I just feel stuck right now."

Maybe you've even said it before... or some variation, like:

- ▶ "Ugh, I know I'm meant for something more... but I can't see the light at the end of the tunnel just yet."
- ▶ "I just feel like my motivation is down right now for some reason."
- ▶ "I feel just a little 'bleh' at the moment... these incoming energies have me all scrambled up, so I need to get over that and then I feel like I'll be ready."
- ▶ "I just can't find exactly what it is I'm here to do."
- ▶ "What's the point? I never end up following through. I just end up quitting everything I start."

But there's a problem, here...

You're WAY TOO great to be sitting around NOT living in your purpose!

Even if these excuses are all true, they are nothing more than the ego's mental justifications for keeping you stagnant, stuck, and

sheepish. The crazy thing is... you have all the potential you need to touch millions of lives within you right now.

Not knowing what your purpose is...? That's fine! But not working to on yourself and pushing forward each day — that, I'm not okay with... and neither is the universe. But getting there requires leaving your comfort zone... something that's hard to do for a lot of people.

As the planet ascends and higher frequencies bombard Humanity, we're all being silently urged to step up to our highest possible timeline where we'll have an opportunity, more than ever before, to rapidly fulfill our potential and finally tap into our SOUL MISSION.

But here's the cold hard truth: you won't get there if you believe the ego's lame excuses — which are nothing but a poor attempt at keeping you in a state of fear.

In this 7-chapter guide, I'm going to break down how the ego tries to distract you and keep you in chains, then give you the SECRET FORMULA I've been teaching to audiences around the globe to help them permanently tap into their inherent greatness.

And I promise, it's inside of you too.

I've distilled many of these concepts down to the bare bones, so, all told, working your way through this PDF shouldn't take longer than 25 minutes. Let's get started!

Chapter 1

Overcoming Fear & Ego

The ego loves to make up stories and convince you that you ARE those stories.

It likes to get you to associate your sense of self with its many identifications, beliefs, attitudes, thoughts, and more.

Most of all, the ego is continuously trying to take you out of your NOW MOMENT.

The ego wants you to focus on the past and the future, not the present. It wants you to forget that now is all that exists, and to start worrying about what's to come while remaining incessantly paranoid about the past.

The ego does not know that:

- ▶ The past is not what we think. It is more like a dream than a set-in-stone catalog of real events that really transpired
- ▶ The future is simply abstract, projected thought around some fanatical time which will never arrive

The Past = a collection of memories, much like a dream

The Future = projected thought, much like a daydream

Getting lost *in time* – past or future – can cause you to assume a lower frequency and, sadly, to spend precious energy you could be allocating to chasing your dreams to sitting in ego.

We sometimes project this time-related fear and doubt outwardly as excuses, justifications, or some other cover-up among a plethora of reasons why we “just can’t right now.”

These are all FEAR-BASED DISTORTIONS.

Fear is nothing more than the refusal to step into your true nature as unbridled, eternal, empowered consciousness — as a fully-actualized Creator.

Pretending to cover up or curtail fear might work for a period, but it’s like dangling a piece of meat in front of a hungry tiger... eventually it will eat you alive.

“We are afraid of being rejected, abandoned, or isolated, *not* of being eaten alive,” writes Brendon Burchard in *The Motivation Manifesto*. “In an unconditioned mind, fear is louder, more intense, and more immediate than our desire for self-mastery or for contribution to others. Fear steals the drive to ascend to our highest selves... fear is the great usurper of progress and personal freedom.”

Brendon continues, “if we are not genuinely expressing our full personality and pursuing our true desires, it is because we are choosing to act from aversion rather than ascension.”

Additionally, if you subscribe to any variation of simulation theory wherein the experience is literally happening for you, not to you, then it's easy to understand how NOTHING can happen to you that will ever permanently defeat you.

You can prevail through anything that comes into your game because this game is YOURS, and you create(d) your reality.

The ego loves to hear you make excuses because they're proof that you're succumbing to its insidious chatter. Refusal to step into your passion for whatever reason just refuels your ego's fire, keeping it feeling safe and uncompromised.

BUT... what if you legitimately don't know what your passion is? Then what do you do?

At some point, usually when we become so sick and tired of ego mind identification and equally lost, confused, or plain unsure of the meaning of our life, we are literally forced into this sort of deep and depressive state where nothing seems to make sense anymore.

Life has lost all meaning and it seems almost purposeless. Things start losing meaning, anxiety begins setting in, and we start getting worried that we might never find something that lights a fire in our hearts (it's OKAY — I have been there).

For many, this phase of uncertainty is a painful but necessary precursor to emergence. This is THE DARK NIGHT OF THE SOUL.

Chapter 2

The Dark Night of the Soul

What is THE DARK NIGHT OF THE SOUL? The Dark Night does NOT happen to everyone, and by no means is it a prerequisite to awakening to your life purpose.

But for many — especially those seeking a deeper meaning to life — there is often a period of confusion, uncertainty, and general withdrawal that precedes the beginning stages of awakening.

This is totally normal, so even though it might FEEL like you're totally alone if you're going through it, I promise you aren't!

This period is characterized for many by a depressive state where nothing seems to make sense anymore.

The dark night of the soul is a spiritual depression, a kind of existential crisis, that requires a deep and painful dip that must be experienced before emerging into clearer pathways.

Sometimes it's triggered by specific life-altering events that rattle us awake such as breakups, the loss of a loved one, or some unanticipated illness.

Things start losing meaning, anxiety begins setting in, and we start getting worried that we might never find clarity. For many, this phase of uncertainty is a painful but necessary precursor to ascending.

This is the Dark Night of the Soul — it's simply a shedding of that which no longer serves as the soul tries to encourage you to step into your true purpose.

Dark Nights can be likened to a "mid-life crisis" only they will occur more than once and often precipitate a major spiritual shift. During, we feel like something is just off... like we're on the verge of a mental breakdown. We feel insane... like we could go crazy at any point. Even though it feels heavy and dark, it WILL NOT last forever!

All of our lives have "deeper meaning" and we all have a "life purpose." But what does that really mean?

It means that your purpose may not be obvious, but that it is an extension of what you will become in this lifetime to fulfill your destiny. Your purpose emanates from your being level, and, once unearthed and committed to consciously, it will underlie everything that you do.

But you often must go through years of mini missions, experimentation, and experience to unearth your true purpose.

As you begin to pierce the veil and reach deeper, start to think about those times when you're most connected to your heart

center, where local you is allowed to serve as a channel through which universal consciousness may work its healing magic.

Where can you most effectively bring love through creative expression, and make your mark within the realm of the physical?

Your purpose will be found once you connect to the formless, timeless dimension within — when you find whatever takes you OUT of time, where nothing else matters and you are immersed in what you both love and are also good at. This is commonly known as FLOW STATE – a place of productivity, creativity, and efficient operation.

The antidote to loneliness, depression, sadness, anger, frustration, confusion, or any other negative feelings will be found when you can effectively take yourself out of TIME and SPACE, immersed in purposeful, service-based being — creating value for others!

That's what the rest of this guide dives DEEPLY into.

Unbeknownst to me at the time, my Dark Night was an on-and-off few-years long process of density, darkness, and depression. At the time, I (thought that I) isolated the source of the pain: the desire to meet women or the right woman for me. I spent years under this dark background blanket that I couldn't climb out from under. Eventually, I was pushed to the brink and, in conjunction with an ex who I synchronistically met at just the right time, woke up from the spell.

Chapter 3

Finding Deeper Meaning

The Dark Night of the Soul usually happens right before a new level of consciousness is ready to be attained. During the Dark Night of the Soul, the best thing you can do is try to cultivate a sense of inner awareness and focus on these three things:

- ▶ Acknowledge the feelings and emotions that are coming up
- ▶ Recognize that those emotions are coming up for a reason
- ▶ Use the time to listen to your soul — it's trying to push you

Finding Meaning in Discomfort, Stagnation, and Confusion

As Eckhart Tolle describes, there is a noble purpose in suffering: “the dissolution of ego and the evolution of consciousness.”

What Tolle meant by this is that without suffering, we would not have the impetus that is needed to awaken. Suffering literally forces you step into your soul purpose because there is nowhere else to go.

In fact, all this fear, doubt, and uncertainty that you're feeling is just your soul trying to get your attention as it begins pushing you to let go of what no longer serves and to find your purpose.

Neither your Higher Self or Soul will push you to fulfill your mission or awaken until you're ready; it will wait until it knows you're ready.

The reason that you feel so confused, unsure, and discombobulated right now is because you likely do not have a good SOUL CONNECTION.

And if you can't "hear" your soul, you have no idea what it's trying to tell you.

If you could hear it, you would drop 98% of the things you're doing or thinking about right now and become completely immersed in your purpose — after all, it's why you're here.

Remembering Your Multidimensional Self

Did you know that each of our souls created sacred contracts and intricate pre-birth blueprints that outline themes which we wanted to accomplish in this lifetime?

We each have multiple learning objectives we wanted to achieve IN THIS LIFETIME, and your soul purpose — or *sole* purpose — will be the guiding force empowering you along that journey.

Your soul is an actual immaterial level of your consciousness with its own agenda, and local "memory drive." It is the sum of all the accumulated experiences of its many parallel (not past) lives.

Your soul vibrates at a rate higher than local you, but low enough to enable connection to physical vehicles for embodiment.

Physical you sort of “reports” to your soul, and your soul answers to your Over-Soul. The Over-Soul is the level of you that a lot of people call the “Higher Self.” Where your soul has a specific agenda and set of goals for a given incarnation, the Higher Self/Over Soul is more like the master teacher.

Even though your soul is privy to exponentially more knowledge than physical you, it is the Higher Self/Over Soul that's the real expert.

Most Over-Souls specialize in one core theme, having accumulated LOADS of knowledge in a certain niche over the eons.

For example, I've learned that my Over Soul is highly knowledgeable in philosophy and metaphysics, having spawned Souls which connected to physical bodies inside the Earth game including Aristotle, Socrates, and Henry David Thoreau.

Even though it's been masqueraded as discomfort, your Soul has been subtly trying to nudge you to get started on your purpose.

“Remember who you are?!” it's yelling. “Let's get started on our mission!” But why would your soul be urging you to WAKE UP?

One, because you're ready.

Two, it feels your Over-Soul — the entity that has the greatest stake in your development and experiences — urging it to get things going.

Remember, neither of these aspects is at all separate from you — you LITERALLY are your soul and Over-Soul.

The problem that comes into play — which spurs the Dark Night — is that you haven't quite built a steady SOUL CONNECTION. To do so, you need a "Level 5" frequency. What does this mean?

Essentially, you must be existing in your NOW MOMENT at 5th Density (the 5th Density of consciousness vibrates around 40-100 Hz) — transcending fear, embracing non-identification with form, and releasing limitation, lack, or any residual belief in separation. Beings living at fifth density are also SPIRITUALLY AWAKE.

What is Awakening?

Awakening is the conscious recognition that you have been sleeping. When you awaken spiritually, you begin operating on a higher frequency plane of existence while maintaining connection to your Earth body.

Awakening spiritually means attaining higher levels of consciousness. It offers a wider perspective of reality and a deeper understanding of your own miraculous existence.

When we awaken, we begin to discard all previously held conditioning perpetuating any degree of separation. When you are fully awake, you simply KNOW (not believe, not wonder, not think) that you know.

Cracking the Code of the Self-Created Virtual Reality

Awakened beings have “glitched” the matrix – they have remembered that they are “God” — that they are Source, the Creator, the One who built, coded, and constructed every aspect of reality.

When we can both awaken spiritually and to our life purpose, we become powerful stewards of the light — beacons of cosmic consciousness — as we shift into walking, activated representatives of God-Source energy in the physical.

But if we remain closed off either spiritually or to our purpose, that nudging from the Soul — though it’s coming from a place of excitement and love — may manifest in your 3D world in one or several ways which I’ve coined “The 5 D’s.” Let’s get into those.

Chapter 4

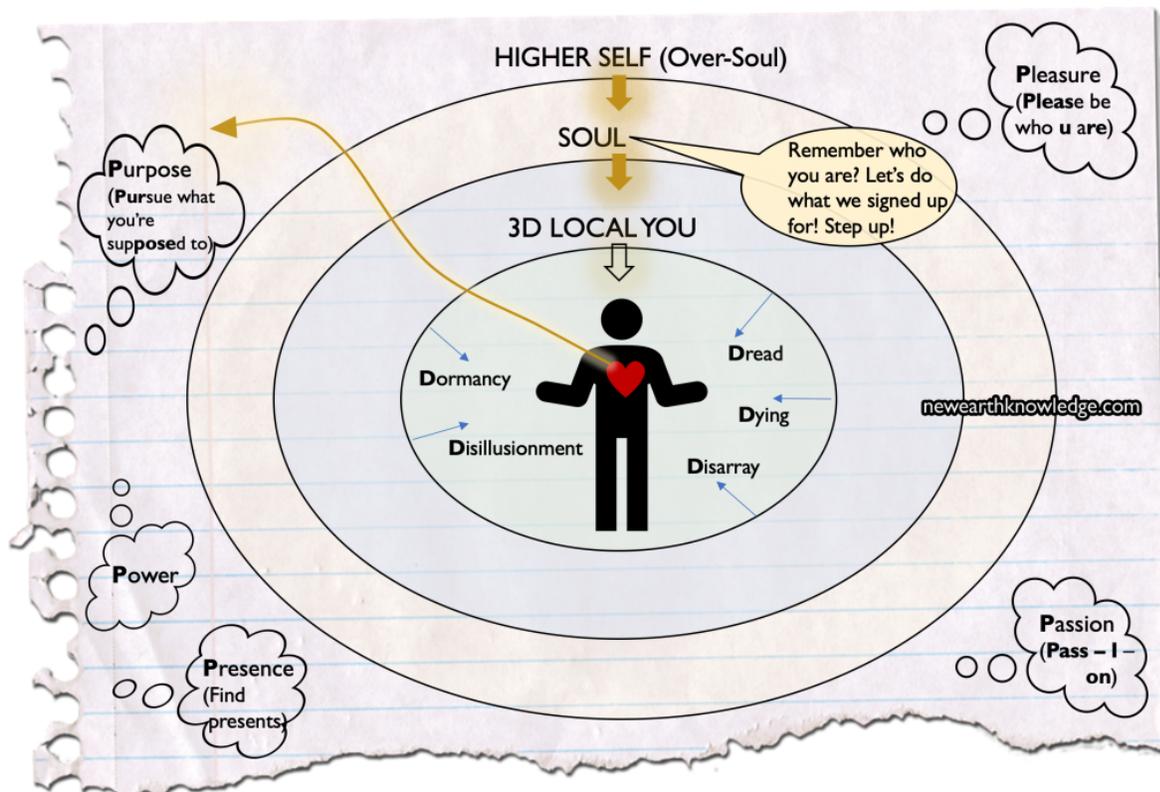
Feeling The 5 D’s

The 5 Ds of the Dark Night include: Dormancy, Dread, Disarray, Disillusionment, and Death.

Indeed, the old version or PERSONA you’ve been working so hard to prolong is dying so that a new you can emerge.

That's exactly why it hurts so much right now. The best way to break through, from your Soul's perspective, is to continue to push local you to the absolute brink. This isn't meant to be a negative process even though it probably feels it.

Your Soul is trying to do a couple of things. Primarily, it's trying to expand its consciousness through you. It's also trying to appease the desires, wishes, and goals of your Higher Self so that it can acquire the maximum amount of knowledge... also through you.



Here's the most important part: BOTH your Soul and Higher Self have a HIGHLY VESTED interest in (and need) YOU to fulfill the end goal!

There's nothing but love from those higher levels of self — they just want to see you change the world on the scale they know you're capable, and, if you've read this far, I've got news for you: they know you are ready.

So, how can you learn the agenda of the Soul and find the desire of your Higher Self? There's only ONE way. Are you ready to hear it?

Here it is...

You MUST go within instead of with-out. Start with the heart.

The heart center is a portal which is directly connected to the wisdom, knowledge, and intentions of your Higher Self and soul. It is the ONLY doorway through which purpose can be found.

↓ **We must go within if we want to fulfill our purpose with-out.**

The goal, your goal, is this:

To find your niche and become the leading expert in the world by sharing it with the world from an angle no one else ever has, can, or is willing to do.

↓ **When you're in your purpose, you will have found your HEART, or HEALING ART – and will be sharing your greatest gift in a way that no one else ever has or could.**

Chapter 5

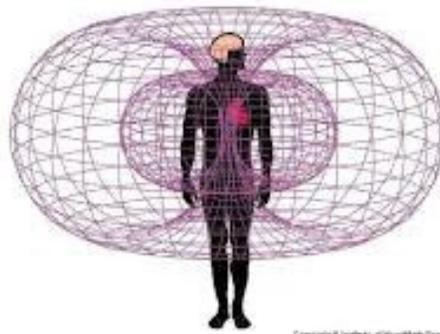
Going Within and Doing Inner Alchemy

I cannot stress this point enough and it goes beyond just a conceptual, figurative understanding: You must listen to your heart.

The heart is 5,000 times stronger magnetically than the brain.

The Heart is more powerful than the Brain

The Heart is about 100,000 times stronger electrically & up to 5,000 times stronger magnetically than the brain.



The heart is the most powerful source of electromagnetic energy in the human body, producing the largest rhythmic electromagnetic field of any of the body's organs. In fact, the heart's electrical field is about 60 times greater in amplitude than the electrical activity generated by the brain. What might this indicate?

Train yourself to continually ask the question, "What would love do... what is my feeling about this?" Then try to live accordingly with whatever your heart says.

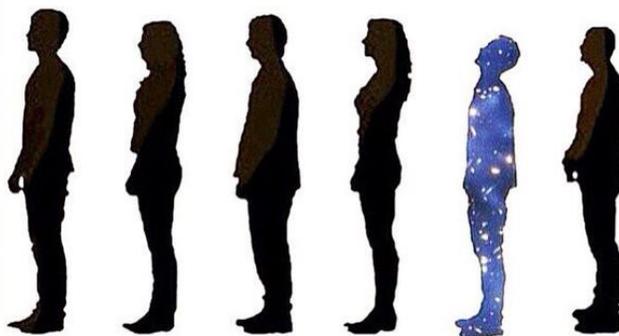
If you want to push through and fully awaken to your purpose, you can no longer base your decisions off the outside world, old conditioning, or past beliefs acquired during childhood.

You'll have to begin discarding programming which will not serve you in your quest to be the best.

To do this, by the very nature of awakening, you'll be DEVIATING from the accepted norm... so you WILL feel isolated. It will feel scary. You will lose old friends, even family. The old version of you will need to die.

That's the exact reason so many people want to remain asleep — they aren't ready to feel isolated or appear different. They still care about what people think of them and want to continue to cling to old egoic mind-identifications that keep them feeling comfortable and aligned with the masses.

However, the masses are ALL lost. You did NOT come here to fit in with anyone; you came here to stand out and etch your own place in history by diving into your destiny.



To do it, you must give up everything you thought you knew about who you were, and you must no longer care what anyone else thinks about you.

- ▶ You must give up emotional attachments to old labels or identification
- ▶ You'll have to sever old friendships that didn't add to your self-growth
- ▶ You will notice familial bonds becoming more distant

The old you must die so a new you can come forth.

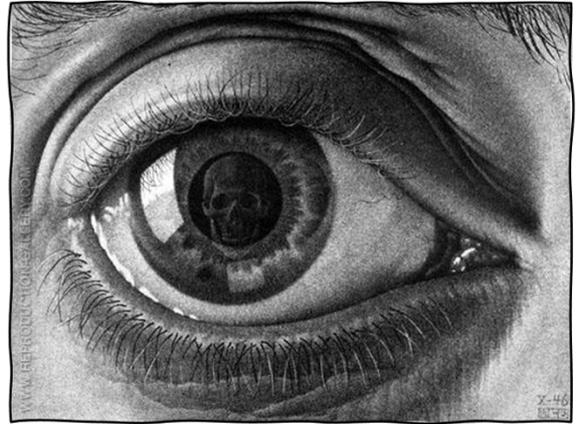
Tapping In & Doing Inner Work

Deep down, you know what you want. The trick is to access that knowledge within the depths of the subconscious mind by releasing attachment to thought and things.

How? By raising your frequency.

A couple of the most tried-and-true ways that work to initiate your ascension into higher levels of awakening — and continually empower you along the way — include:

- 🧘 Meditation – shut off the sensory system and enter the realm of non-thought
- 🎧 Listen to healing frequencies – enjoy the healing beauty of music
- 📖 Read and write – enter stories and dive into imagined realities
- 🎨 Be creative – do DIY projects and explore your artistic abilities
- 📈 Expand your consciousness – gain new experiences
- 😞 Feel all the pain, emotions, and feelings of the Dark Night – and accept them
- ❤️ Begin thinking about things you're great at AND that you love



Complete self-mastery requires deep reflection, self-study, and “multidimensional” understanding. Inner work means healing the shadow self; it’s also the key to opening your Third Eye. Consistent inner work helps reveal the bigger picture, beyond just our 3D human perspective. So, this is the most important work you will ever do. At this point in the journey, life becomes all about expanding our consciousness – nothing else matters.

Essentially, attaining higher consciousness means living with increasing attention to detail as you pierce the veil more and more. Pattern recognition is awakening. If we can learn to live in a continual state of HEIGHTENED AWARENESS, then we can remain more and more open to the universe’s constant gifts of synchronicity. Yet it is self we must always come back to.

With knowledge of repeating life themes (and your soul’s pre-rebirth plan, as we’ll touch on later), you can start to identify how and why certain challenges arise in life... AND how each is a true GIFT happening for you, not to you.

Life is one BIG puzzle; expanding your consciousness helps tap into your own, personal one.

It's only through a process of shadow work and inner study — through meditation done in solitude — that we can gain the necessary levels of heightened awareness to access epiphanies, 'aha moments', and revelations brought through signals, signs, and synchronicities that are ALWAYS happening specifically for us... to clue us in, to get our attention, to verify and validate, to get us to stop in our tracks and think, or simply to recognize the beauty of life.

As you do more of this work, the synapses and neural pathways of your brain will begin to improve. You're gaining the ability to make new connections in new ways and connect seemingly disparate pieces of information — allowing and unlocking access to "downloads."

Downloads can come in dreams, meditation, or any activity where we quiet the mind and allow the subconscious to tell us what we need to hear.

In this way, the brain is merely a receiver of this higher knowledge, not the creator of it. As you heal from old conditioning, you retune your frequency to awaken ever deeper.

I view everything as holding potential multi-level meaning — it's up to me to find the meaning. I look at it as my job to DECIPHER every piece of data that comes into my awareness and have fun doing so.

My truth is that this is my own simulated reality, and, in my world, *nothing* happens by chance.

Inner work and opening your Third Eye means picking up on repeating themes, circumstances, and aspects within your life. As you recognize and unravel recurring concepts, so too will your creativity in consciousness become expanded... leading to ever increasing complexity and beauty in your own self-understanding.

This is about:

- ▶ Seeing the unseen.
- ▶ Noticing intricacies.
- ▶ Finding patterns.
- ▶ Making connections.
- ▶ Thinking visually.
- ▶ Observing granularly.
- ▶ Identifying themes.
- ▶ Using both the left and right brain.
- ▶ Matching the sensory system with intuition.
- ▶ Detaching from results. Keeping an open mind.
- ▶ Using prior knowledge to attain realizations.
- ▶ Applying wisdom to your now moment.
- ▶ Allowing creativity to flow.
- ▶ Allowing your light to show.
- ▶ Allowing your awareness to grow.

Chapter 6

Finding the 5 P's

It's in this exalted place of living in which we can allow the Five Ps — Purpose, Passion, Pleasure, Power, and Presence — to pervade all that we do.

Working Toward Actualization

Your job is what occupies you, but your purpose is what actualizes you.

No matter what you do, at the highest level, your highest purpose is to be a purveyor of God-Source love in the realm of the physical.

Your intention is to bring your job and purpose together into one, harmonious essence that will allow you to share your greatest gift of creative love with the world.

Ultimately, we want to merge our occupation with our actualization so that we can work on daily activities that fulfill our purpose most readily.

This is not to say you can't be in your purpose if you're working for somebody else but merging what you do to earn a living with what you feel called to pursue, inherently, is where FULFILLMENT will come into play.

When you are fully living in your purpose, you will be your truest self, and you will be giving your greatest gift of artistic, healing love to the world.

There is NO RIGHT AGE to “figure it all out” — I’m sure I am nowhere near my destination. Allow new levels of purpose to show themselves to you as you go. A mentor told me we have multiples purposes, each co-existing like concentric circles. As we discard old purposes, new ones become unveiled as we move closer toward the very center.

Imagine, for a second, that there was no such thing as money, finances, rent, bills, work, or any of this other 3D crap that convolutes and pollutes your mind.

Step out of your mind completely. Now ask yourself, “what makes me happy? What does my heart love more than anything? When am I most BEING myself? What am I best at? What would allow me to make most impact and help others at scale?”

Exercise

Go ahead and grab a pen and paper and fill out the diagram on the next page.

To do this, I really want you to step out of your normal linear thinking pattern and tap into the non-linear, non-local, formless essence of who you truly are.

When you imagine your greatest and best version of WHO YOU REALLY ARE, who are you?

At the highest level, what state of being are you in when you most love yourself?

Step it down a level — what would you be thinking about in that state?

And then down to the 3D level — what would you be doing? What is your grandest service to the world? What are you best at?

Don't rush with it. Close your eyes and really go within before answering:

-
- I love myself most when I am being _____
[SOURCE SELF]
 - I feel happiest when I am pondering _____
[MENTAL PLANE]
 - I feel most empowered when I am doing _____
[PHYSICAL PLANE]
 - The best way I help others is through my ability to _____
[SERVICE]
 - I am most skilled at _____ [SKILLSET] and I have a unique, God-given ability to _____
[SPECIFIC WAY YOU TOUCH OTHERS]

So, if I were truly living in my purpose, loving myself, and offering my greatest gift to the world, I would:

- be _____ [SOURCE SELF] every single day, thinking obsessively about _____ [MENTAL PLANE], and bringing my unique and innovative ideas to fruition executing on my plan, by _____ [PHYSICAL PLANE]. I'd be _____ [SERVICE] using my one-in-8-billion ability to _____ [SKILLSET] and impacting lives by _____ [SPECIFIC WAY YOU TOUCH OTHERS]
-

If you're having trouble filling it out:

If you aren't yet certain or sure, that's okay. That just means you're one step closer to figuring it all out. Continue being patient and working with the methods outlined above and give it a bit of time. At least the wheels are spinning.

If you filled it out without any hesitation:

If you can honestly, truthfully, concisely answer these questions without a shadow of a doubt, then you're already conscious of what you're here to do. Now, you must START. The best way to start is to immediately shift into feeling like that person. With a chip on your shoulder, I want you to stand up from your seat right now, look up, and imagine yourself as *the* world-renowned expert in your very specific niche. What does it feel like to be that person? Become them, permanently.

Chapter 7

Living in Alignment

“The purpose of life is to create your Self anew, in the next grandest version of the greatest vision ever you held about Who You Are. It is to announce and become, express and fulfill, experience and know your true Self.” ~ Neale Donald Walsch

There is only ever ONE question to always ask yourself... and in all scenarios — one that will, if considered deeply and often, help you live into your soul purpose EVERY MOMENT of every day.

And this question is: “and what does this have to do with the agenda of my soul?” What does what you’re thinking, doing, and being right now have to do with the agenda of your soul? Ask this question as much as possible before doing anything. Want to go to McDonalds? Well, what does that have to do with the agenda of my soul? Want to go on a run? What does that have to do with the agenda of my soul?

You get the idea! This question, asked consistently, will help you get to know your soul much better, and help you understand/remember why you’re here.

Are you here to awaken humanity? To clean up the planet? To start an organization for good? To change the way humanity imagines God? To mend a broken family? To touch the lives of thousands

through your healing art? To paint, write, draw, build, architect, orchestrate, or otherwise create?

When we finally figure out what sets our soul on fire, we lift the all of humanity up a notch. When we find our greatest gift and freely, lovingly give it to the world, only then will we be in alignment with the agenda of our soul.

Function vs. Purpose

We ALWAYS have both a function and purpose, depending on our present circumstances. Your function is a byproduct of wherever you happen to be and whatever you happen to be doing. If you are listening to a friend speak about a challenge they're going through, your function as a listener is to listen, absorb, and possibly respond in kind. Your purpose runs deeper — it is your inherent potential energy realized only through your passion.

Merging your shifting function with your underlying purpose allows you to bring VALUE. Our task is then to maximize moment-to-moment VALUE output by enhancing the QUALITY of all interpersonal interactions, healing work, and creative art with an inner awareness of BOTH our function and purpose.

How do you live into that essence, though? How can you constantly be creating yourself moment-to-moment — isn't that exhausting?

In actuality, every act that we take is an act of self-definition. We are constantly defining and declaring what it means to be us in every second by simply being it.

When we become aware of that, we can mindfully step into that new space of conscious creation. There, we can come to realize that each now moment is a true present (presence), and that it is ours to decide what to do with.

Through the process of awakening to the truth of who we really are by a process of self-realization and a reclaiming of our sovereignty we step into our power like NEVER.

Then, we can come to realize we are not victims of our circumstances and that we are always creating our reality... ascending, evolving, creating, and growing with every moment.

The final step to begin living your soul's mission is to put yourself in the VIBRATION of having it right NOW — even if you don't.

What would you FEEL like IF YOU WERE LIVING IN YOUR PURPOSE?
What would you be thinking, saying, and doing?

Become that person, now.

To combat bouts of imposter syndrome (feeling like a fake), demotivation, doubt, fear, and uncertainty, I want you to remind yourself who you help and why you do what you do.

Who is relying on you to show up? Who suffers if you don't step up?

This is one of the best tools I've found to help relieve burn out, cure indifference and re-ignite your engines. Whenever you're feeling down, ask yourself: "who needs me on my 'A' game today? Who is counting on me?" In this space, we can return to service.

Material concerns begin to dissipate as we return to love-based work, and open to the universe to allow for the flow that WILL bring abundance, create impact, and dismantle fear.

Now, now, now!

The idea that you'll be ready in a year, or with further certifications, education, training, or learning is a completely fabricated, time-based, egoic, man-made illusion. Do NOT ever let ANYONE else define who you are or when you can start being who you are meant to be.

We must put ourselves in the vibration of already having what we want in order to signal to the universe that we're the right one to receive that very 'thing' and that we're ready for it NOW.

This means demonstrating that it — whatever it is — is basically already ours with our thoughts, beliefs, ideas, words, and corresponding actions. You literally already have whatever it is you want.

Say it: "I give myself permission to BE in my highest purpose, living my dream life right now."

Because consciousness is eternal and connected, energy cannot be created nor destroyed. And since time is a perceptual illusion, you actually are all things simultaneously and you have all things available to you simultaneously. That means you GET TO CHOOSE what you want to be in any given moment by simply being it. How?

- ▶ Assert your desire/wish. Write it down, think about it daily
- ▶ Think thoughts consistent with attaining and having it. Thoughts are things and anything that manifests in the physical realm first is born in the mental realm
- ▶ Act like it's yours and have the attitude of having it now. Become who you'd be if you had what you want or were living the life you dream of
- ▶ Assume the persona of that version of you which is living that life

BE WILLING TO TAKE DECISIVE ACTION. Recognize that OPPORTUNITY will come but that it will be disguised as hardship. Be patient; give it time. With time, it will come into your reality.

When we become immersed with what we are DOING, the doing merges with our BEING.

This is purposefulness, and indeed, you are in your purpose. When your sense of time completely disappears, you have found the love frequency, the frequency of your God-Self. Lose yourself in that space whatever activity you happen to be DOING when you find that feeling. It is only ever here that you will be in love.

This is now who you are. Believe it and live it into every breath you take.

Conclusion

Integration into Awakened Living

The fulfillment of your soul purpose is predicated on your realization of all that potential energy already within you across every level of your being. When you tap into that frequency, your chakra system will LIGHT UP and you will know it.

Enlightenment is had once we reach realization spiritually and when we are fully living in our purpose.

Within each of us is a hidden gift of CREATIVE LOVE. Said another way, the Creator hid a special spark of itself within the Earth personality you think of as yourself. This piece of Godliness is what you are BEST at, what makes you feel good, what you love BEING, what you ENJOY doing, plus how you can impact the world at the greatest scale.

After all, we can embrace this simple truth: our purpose is simple. It's simply what comes naturally.

Denying it or neglecting to pursue purpose is to do a disservice to all. We each have a cosmic responsibility to seek, live in, and fulfill our purpose. After all, that's why we're here.

It is at that level of operating that you become truly unstoppable — unconditionally supported by all beings of light throughout the Manifest Creation.

In your purpose, you cannot fail. You simply are. Now unleash it fully and freely!

📌 If you're ready to take the next step in your journey, see if my Abundance Accelerators program can help you grow your healing or coaching business! 📌

Schedule your strategy call: <http://www.calendly.com/abundanceaccelerators/strategycall>